



Programme Participation of Young People with Mental Health Issues Peer learning third seminar Rotterdam 29 November – 1 December 2017

Wednesday 29 November

- Before 14:30** **Registration (<https://www.bilderberg.nl/en/rotterdam/parkhotel-rotterdam/>)**
- 14:30 Opening of the seminar
Welcome by Mrs Bonita Kleefkens, Ministry of Health, Welfare and Sports
- 14:45 Introduction of theme of this seminar (Part I) by Caroline Vink (Senior advisor Netherlands Youth Institute).
Exploring what young people's needs are and what support they need to be able to stay in and return to school. From the perspective of young people with support from youth work, school and mental health services.
- 15:00 Documentary 'Stress to Impress' and introduction by Sanne Kooiman
- 15:45 Followed by an input of the young people (experienced experts) from Finland, Ireland and The Netherlands on their views on the role of school and the cooperation with mental health services and youth work and a reflection on the message of the documentary in interaction with the participants led by Cilia Daemen, NJR
- 16:45 Break (drinks and snacks)
- 17:00 What happens in Rotterdam? Presentations and discussions led by Marc Boes, director Stichting Jong (Youthwork Rotterdam)
Introduction by Denis Wiering, program manager Youthpolicy City of Rotterdam
Introduction of *Koplopers*, a project for and by young people and mental health by experienced experts and Frans Spierings, professor Hogeschool Rotterdam
- 18:00 Closure and preview of next day
- 18:45 Free Time
- 19:00 Leave for dinner in 'De Machinist' (<https://www.demachinist.nl/home>)



Thursday 30 November

- 09:00 Start of the day – welcome to new participants and messages from the previous day by Marja Valkestijn, (program leader Netherlands Youth Institute)
- 09:15 Plenary presentations of relevant projects and research from participating countries
- The Netherlands: Peer School Support Project by Janneke Metselaar, professor NHL Hogeschool and Alef Sies, youthworker
 - Scotland: Project See me by Amy Woodhouse, Head of Policy Children in Scotland
 - Finland: School/youth work projects by Suvi Lappalainen and Mari Ruusuvaori, youthworkers
 - The Netherlands: Mental resilience in the schoolsetting by Marloes Kleinjan, professor Youth Mental Health Promotion University Utrecht
- 11:00 Coffee/tea break
- 11:15 Group discussions on the role of school and the cooperation between school, youth work and mental health services including the voice of the young people
- 12:30 Lunch
- 13:30 Closing Part ! Towards conclusions: *'Discussing results, good practices and recommendations'* on mental health, youth work and schools
- 14:30 Moving over to Part II: Take home messages and recommendations of the Peer Review led by Caroline Vink
- What has happened in the peer review so far - overview
 - Update on national developments
- 15:30 Sessions led by young people on take home messages (including time for a break). What are the general messages that we can formulate from this peer learning trajectory?
- 17:15 Wrap up and free time till dinner
- 18:30 Departure for dinner
- 19:00 Dinner In Umayma (<https://fenixhouse.nl/umayma/>)



Friday 1 December

09:30 Discussion on working elements or presentations of working elements of good practices in working groups

Recommendations and good practices on youth work and mental health on all topics of the seminars:

- Youth work, mental health services and participation of young people
- Education of youth workers and the role of social media
- The needs of young people with mental health issues and what support do they need to participate in school
- Destigmatisation and participation of young people with mental health issues
- Promoting mental health and well being

Take home messages for all levels and sectors involved

11:30 Break

11:45 Presentations of recommendations plenary and closing of the seminar, looking back at the past seminars and looking forward: follow up activities

Final messages and closure by Mrs Christie Stiphout (Dutch Ministry for Health, Welfare and Sports) and Mrs Seija Astala (Finnish Ministry of Education and Culture), Initiators of the Peer Learning Trajectory

13:00 Lunch and departure