

Do, feel, realise –group

Tuesdays starting on 15.9.2018 at 6-8pm

Are you interested in your well-being?

Are you searching your own route in Finland?



You will get to laugh, have creative and nice things to do and have conversations in Finnish. You will feel good. The group is meant for immigrant men / women. (valitse toinen)

The group is meeting on Tuesdays starting xx.xx.xxxx at xx.xx. Address xxxx

Come along – you matter!

Register by sending a text message to: xxx (ohjaajan puhelinnumero). You can also call if you have any questions.



European Union
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Suomen Mielenterveysseura

Leverage from
the EU
2014–2020