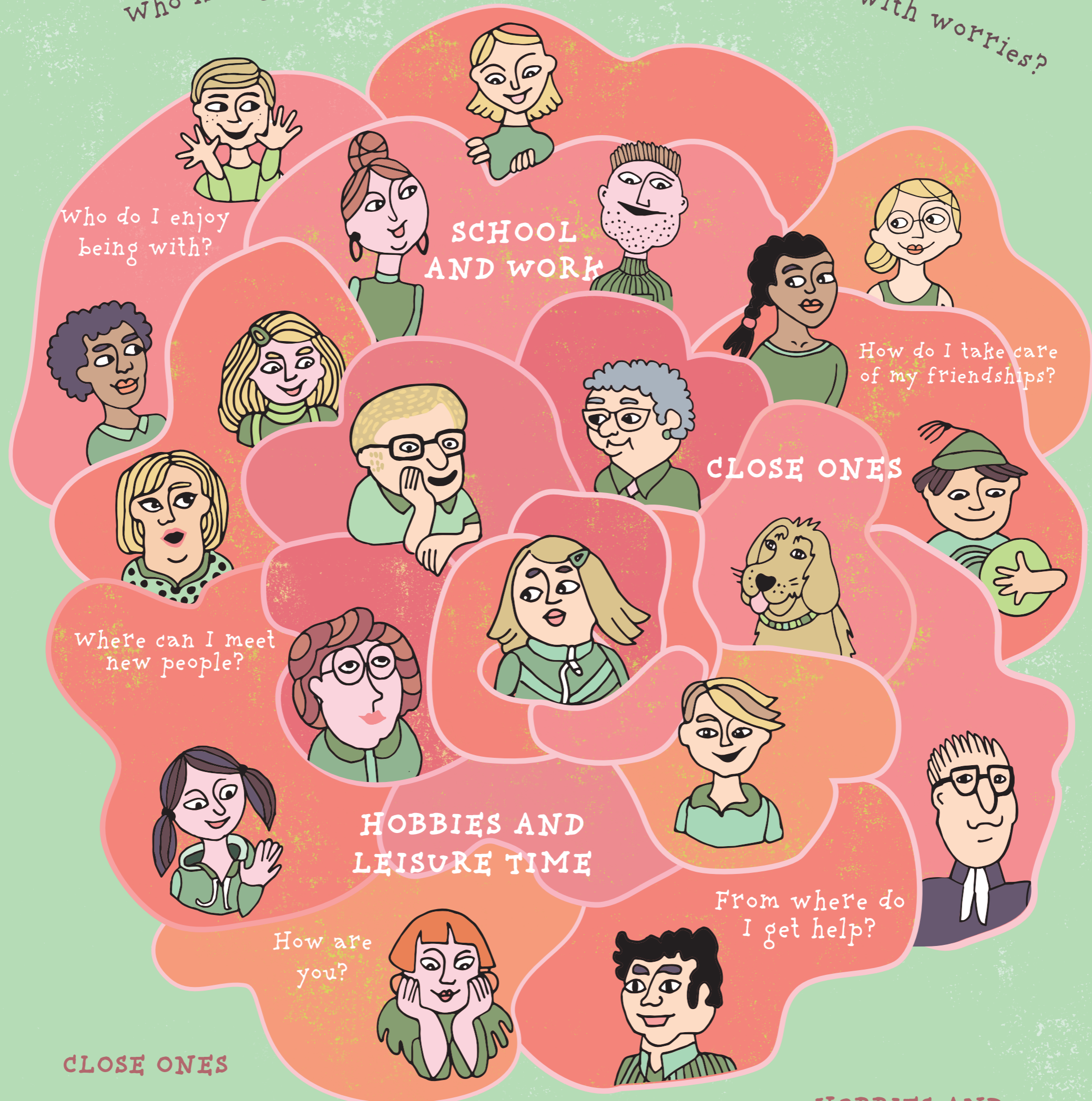


MY SAFETY NET

Who is important to me?

Whom do I turn to with worries?



CLOSE ONES

Father Mother
 Caregiver
 Grand parents
 Siblings
 Close ones Friends
 Relatives

SCHOOL AND WORK

Psychologist Colleagues
 School nurse
 School social worker Boss
 Teacher Class mates
 Study counselor

HOBBIES AND LEISURE TIME

Youth worker
 Coach Trainer
 Neighbours Therapist
 Librarian
 Online friends Friends at my hobbies
 Social worker
 Congregation worker
 Team mate