

I need to belong



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I need someone to take care of me



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I need to have a say



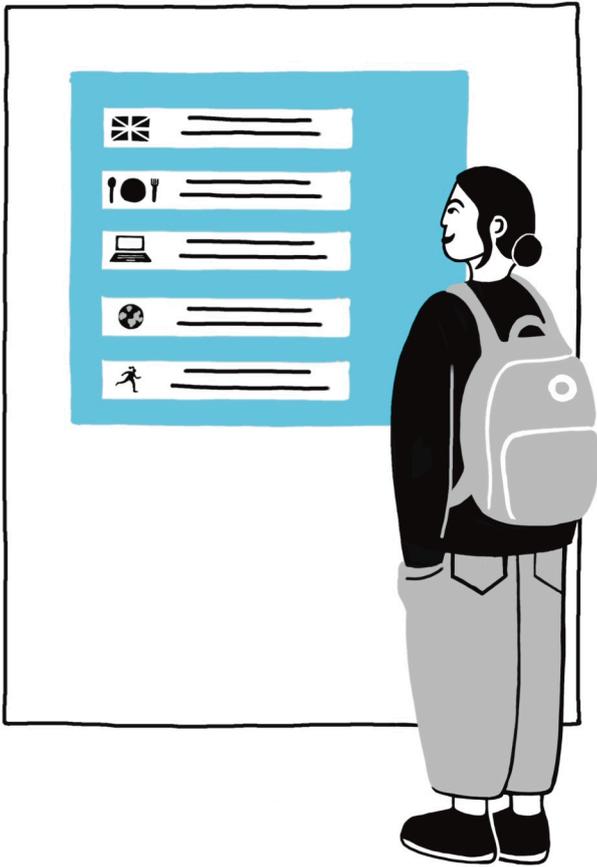
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I need to feel understood



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I need to know what will happen next



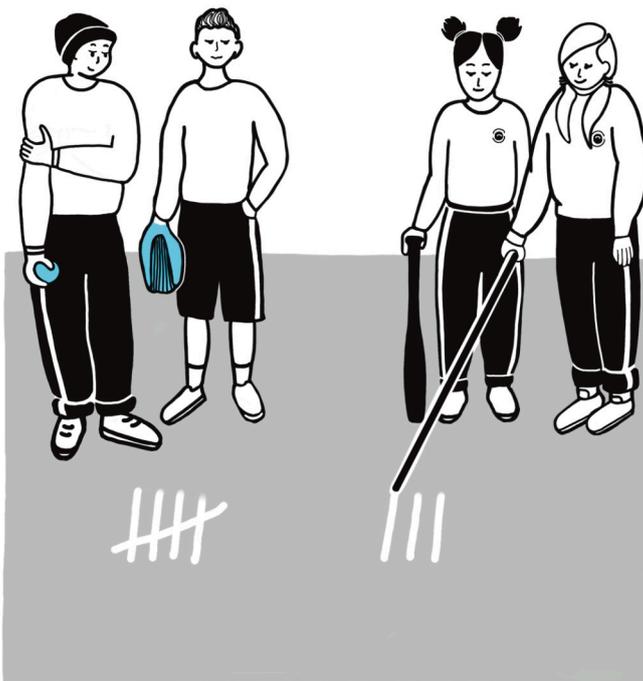
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I need to feel safe



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I need honesty and fairness



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I need information and guidance



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I need my own space and quiet



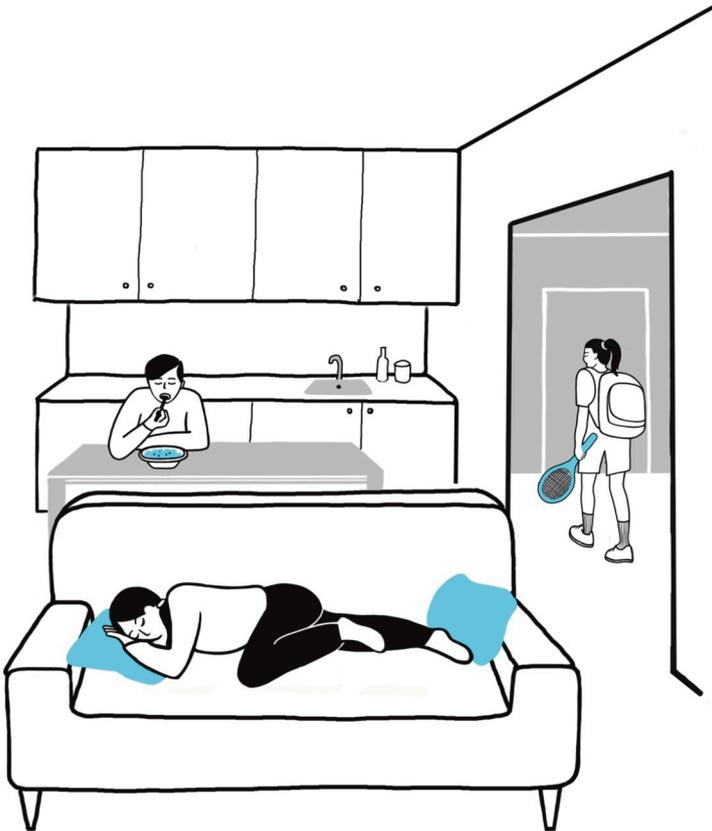
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I need to feel successful



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I need rest, food or exercise



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I need joy and laughter



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I need to feel appreciated



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I need to feel accepted



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